



FOOD

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appetite ['æpə,tait]	[noun]食慾，胃口	ingredient [in'ɡrɪdiənt]	[noun]成分，材料
bony ['bɒni]	[adj]1.(魚)多刺的 2.骨瘦如柴的	organic [ɔː'ɡæni:k]	[adj]1.有機的 2.器官的
burger ['bɜːɡə]	[noun]漢堡	poisonous ['pɔɪznəs]	[adj]有毒的
cane [ken]	[noun]2.拐杖 1.甘蔗	raw [rɔː]	[adj]1.生的，未煮過的 2.未經加工的
chip [tʃɪp]	[noun]1.洋芋片 2.晶片	ripe [raɪp]	[adj](水果等)成熟的，適宜食用的
decay [di'ke]	[verb]腐爛	rot [rɒt]	[verb]腐爛，腐壞 [noun]腐爛，腐壞
dine [daɪn]	[verb]用餐，吃飯	rotten ['rɒtn]	[adj]腐爛的
edible ['ɛdəbəl]	[adj]可以吃的	spill [spɪl]	[verb]使溢出，使灑出
feast [fi:st]	[noun]盛宴	starvation [stɑː'veʃən]	[noun]飢餓
freeze [friːz]	[verb]1.冷凍貯藏，冷藏 2.嚇呆(而無法動彈)	starve [stɑːv]	[verb]1.挨餓 2.餓死
frozen ['frozən]	[adj]1.(食物)冷凍的 2.凍僵的	sticky ['stɪki]	[adj]黏的，有黏性的
gum [ɡʌm]	[noun]口香糖	syrup ['sɪrəp]	[noun]糖漿
harvest ['hɑːvɪst]	[noun]收穫 [verb]收割	yolk [jɒk]	[noun]蛋黃





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Bread, Desserts & Beverages 麵包甜點、飲料類

alcohol [ˈælkəˌhɒl]	[noun] 1. 酒精 2. 含酒精飲料，酒	liquor [ˈlikə]	[noun] (烈)酒
alcoholic [ˈælkəˌhɒlɪk]	[noun] 酗酒者 [adj] 1. 酒精的，含酒精的 2. 酗酒的	milkshake [ˈmɪlkʃeɪk]	[noun] 奶昔
biscuit [ˈbɪskɪt]	[noun] 餅乾	pancake [ˈpænkəɪk]	[noun] 薄煎餅
brownie [ˈbraʊni]	[noun] 布朗尼(巧克力小方塊蛋糕)	pour [pɔː]	[verb] 1. 倒(飲料) 2. 下大雨
bubble [ˈbʌbl]	[noun] 泡泡 [verb] 起泡，冒泡	pudding [ˈpʊdɪŋ]	[noun] 布丁
cocktail [ˈkɒkˌteɪl]	[noun] 雞尾酒	raisin [ˈreɪzn]	[noun] 葡萄乾
cone [kɒn]	[noun] 1. (冰淇淋的)圓錐筒 2. 圓錐體(或形)	sip [sɪp]	[verb] 啜飲 [noun] 一小口
jam [dʒæm]	[noun] 果醬	yogurt [ˈjɒɡət]	[noun] 優格
jelly [ˈdʒeli]	[noun] 1. 果凍 2. 膠狀物，凝膠		
lemonade [ˌlemənˈed]	[noun] 檸檬汁		

Preparation & Recipes 烹煮&食譜

blend [blend]	[verb] 混合，摻和	cooking [ˈkʊkɪŋ]	[noun] 烹飪 [adj] 烹調用的
chop [tʃɒp]	[verb] 剁，砍，劈	dip [dɪp]	[verb] (稍微)浸溼，沾





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Preparation & Recipes 烹煮&食譜

dissolve [di'zɒlv]	[verb]使溶解	roast [rɒst]	[verb]烘烤 [adj]烘烤的 [noun]烘烤
grind [graɪnd]	[verb]磨(碎), 碾(碎)	slice [slaɪs]	[noun]薄片, 片 [verb]把...切成薄片
mixture ['mɪkstʃə]	[noun]混合	sprinkle ['sprɪŋkl]	[verb]灑, 撒
peel [pi:l]	[noun]果皮, 菜皮 [verb]削皮, 剝皮	squeeze [skwɪz]	[verb]榨, 擠, 壓, 擰
preserve [prɪ'zɜ:v]	[verb]1.保存, 防腐 2.保護 [noun](動植物)保護區, 禁獵區	stir [stɜ:]	[verb]攪拌 [noun]騷動
recipe ['resəpi]	[noun]食譜	stuff [stʌf]	[noun]物品, 東西 [verb]1.裝, 填, 塞 2.使吃得過飽

Grains & Dairy products 穀類&乳製品

dairy ['deəri]	[adj]乳製品的	pasta ['pastə]	[noun](統稱)義大利麵
grain [greɪn]	[noun]穀物	peanut ['pi:nʌt]	[noun]花生
mill [mɪl]	[noun]磨坊 [verb]將...磨成粉	soybean [soɪbi:n]	[noun]大豆
nut [nʌt]	[noun]核果	wheat [hwi:t]	[noun]小麥





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Meat & Seafood 肉類&海鮮類

bacon ['bekən]	[noun]培根	sausage ['sɔ:sɪdʒ]	[noun]香腸
flesh [fleʃ]	[noun](動物或人的)肉	seafood ['si:fud]	[noun]海鮮
lobster ['lɒbstə]	[noun]龍蝦	—	

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Nutrition & Taste 營養&味道

acid [æsɪd]	[noun]酸 [adj]有酸味的	protein ['prəʊtɪn]	[noun]蛋白質
	[adj]1.酥脆的		
crisp [kɪsp]	2. (天氣)清新的 3. (聲音)清脆的，(說話方式) 乾脆明確的	salty ['sɒltɪ]	[adj]鹹的
crispy ['kɪspi]	[adj]酥脆的	sauce [sɔ:s]	[noun]調味醬，醬汁
flavor ['fleɪvə]	[noun]口味，味道 [verb]調味	season ['si:zn]	[noun]季節 [verb]調味
greasy ['greɪzi]	[adj](食物)油膩的	spice [spaɪs]	[noun](調味)香料
juicy ['dʒusi]	[adj]多汁的	spicy ['spaɪsi]	[adj]辣的，辛辣的
mild [maɪld]	[adj]1.溫和的 2.(味道)淡味的	tasty ['testɪ]	[adj]美味的，可口的(程度不及 delicious)
nutrient ['nju:trɪənt]	[noun]營養物	tender ['tendə]	[adj]1.(肉)嫩的 2.溫柔的，體貼的
nutrition [nju'trɪʃən]	[noun]營養，養分	vitamin ['vaɪtəmin]	[noun]維他命





FOOD



The Restaurant & Menu 餐廳&菜單

pub [pʌb]	[noun] 酒吧，酒館	reserve [rɪ'zɜ:v]	[verb] 1. 保存，保留 2. 預約，預訂
reservation [ˌrezə'veʃən]	[noun] 預約，預訂	—	

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Vegetables & Fruit 蔬菜&水果

berry ['berɪ]	[noun] 莓	lychee ['laɪtʃi]	[noun] 荔枝
cherry ['tʃɛrɪ]	[noun] 櫻桃	mushroom ['mʌʃrʊm]	[noun] 蘑菇
coconut ['kəʊnʌt]	[noun] 椰子	pea [pi]	[noun] 豌豆
cucumber ['kʃukəmbə]	[noun] 黃瓜	plum [plʌm]	[noun] 梅子
garlic ['gɑ:lɪk]	[noun] 大蒜	spinach ['spɪnɪtʃ]	[noun] 菠菜
ginger ['dʒɪndʒə]	[noun] 薑	yam [jæm]	[noun] 地瓜
grapefruit ['ɡreɪfrʊt]	[noun] 葡萄柚	—	

