



FOOD

目 錄



子主題	頁碼
總類	1
Bread, Desserts & Beverages 麵包甜點、飲料類	1
Preparation & Recipes 烹煮&食譜	2
Grains & Dairy products 穀類&乳製品	3
Meat & Seafood 肉類&海鮮類	3
Taste 味道	4
Seasoning 調味料	4
The restaurant & Menu 餐廳&菜單	5
Vegetables & Fruit 蔬菜&水果	6





FOOD



breakfast [ˈbreɪkfəst]	[noun] 早餐	food [fuːd]	[noun] 食物
brunch [ˈbrʌntʃ]	[noun] 早午餐	full [fʊl]	[adj] 1. 充滿的 2. 吃飽的
buffet [ˈbʌfɪt]	[noun] 自助餐	honey [ˈhʌni]	[noun] 1. 蜂蜜 2. 【口語】親愛的
diet [ˈdaɪət]	[noun] 飲食，食物 [verb] 節食	ice [aɪs]	[noun] 冰
dinner [ˈdɪnə]	[noun] 晚餐，正餐	lunch [lʌntʃ]	[noun] 午餐
dish [dɪʃ]	[noun] 1. 碟，盤 2. 一盤菜，菜餚	meal [miːl]	[noun] 一餐，一頓飯
dumpling [ˈdʌmplɪŋ]	[noun] 餃子	pizza [ˈpɪtsə]	[noun] 比薩
eat [iːt]	[verb] 吃	salad [ˈsæləd]	[noun] 沙拉
egg [eg]	[noun] 蛋	soup [suːp]	[noun] 湯
fat [fæt]	[adj] 肥胖的 [noun] 脂肪	supper [ˈsʌpə]	[noun] 晚餐，晚飯
feed [fiːd]	[verb] 1. 餵(養) 2. 飼(養)	tofu [ˈtoʊfu]	[noun] 豆腐

Bread, Desserts & Beverages 麵包甜點、飲料類

bakery [ˈbeɪkəri]	[noun] 麵包(糕點)店	cake [keɪk]	[noun] 蛋糕
beer [bɪr]	[noun] 啤酒	candy [ˈkændi]	[noun] 糖果
bread [bred]	[noun] 麵包	chocolate [ˈtʃɒkəlɪt]	[noun] 巧克力
bun [bʌn]	[noun] 小圓麵包，小圓糕點	coffee [ˈkɒfi]	[noun] 咖啡





FOOD



Bread, Desserts & Beverages 麵包甜點、飲料類

coke [kok]	[noun] 【口語】可樂	pie [pai]	[noun] 派
cookie ['kuki]	[noun] 餅乾	sandwich ['sændwɪtʃ]	[noun] 三明治
dessert [di'zɜ:t]	[noun] 甜點	snack [snæk]	[noun] 點心，零食
doughnut [do,nʌt]	[noun] 甜甜圈 (=donut)	soda ['sodə]	[noun] 蘇打水，汽水
drink [drɪŋk]	[verb] 飲，喝 [noun] 1. 飲料 2. 酒	tea [ti]	[noun] 茶
hamburger ['hæmbɜ:gə]	[noun] 漢堡	toast [tost]	[noun] 吐司 [verb] 烤(吐司)
juice [dʒus]	[noun] 果汁	wine [wain]	[noun] 葡萄酒，酒
loaf [lof]	[noun] (一條)麵包	—	

Preparation & Recipes 烹煮&食譜

bake [bek]	[verb] 烘，烤	cut [kʌt]	[verb] 切 [noun] 傷口
barbecue ['bɑ:bɪkju]	[noun] 烤肉 [verb] 烤(肉類)	fry [fraɪ]	[verb] 油煎，油炸，油炒 [noun] 油炸食物
boil [bɔɪl]	[verb] (水等)沸騰，煮沸， 燒開	mix [mɪks]	[verb] 使混和
cook [kʊk]	[verb] 煮 [noun] 廚師	steam [stim]	[noun] 1. 水蒸汽 2. 蒸汽(動力) [verb] 蒸(食物)





FOOD



Grains & Dairy products 穀類&乳製品

butter [ˈbʌtə]	[noun] 奶油	milk [mɪlk]	[noun] 牛奶
cereal [ˈsiəriəl]	[noun] 麥片	noodle [ˈnuːdl]	[noun] (常複數) 麵條
cheese [tʃiːz]	[noun] 乳酪，起司	popcorn [ˈpɒp.kɔːn]	[noun] 爆米花
corn [kɔːn]	[noun] 玉米	powder [ˈpaʊdə]	[noun] 粉，粉末
cream [kriːm]	[noun] 奶油，乳脂，乳霜	rice [raɪs]	[noun] 米，米飯
flour [ˈflaʊə]	[noun] 麵粉	spaghetti [spəˈɡetʃi]	[noun] 義大利麵條

Meat & Seafood 肉類&海鮮類

beef [biːf]	[noun] 牛肉	lamb [læm]	[noun] 小羊
chicken [ˈtʃɪkɪn]	[noun] 1. 雞肉 2. 【俚】膽小鬼，懦夫	meat [miːt]	[noun] 肉類
crab [kræb]	[noun] 螃蟹	pork [pɔːk]	[noun] 豬肉
duck [dʌk]	[noun] 1. 鴨 2. 鴨肉	shrimp [ʃrɪmp]	[noun] 蝦
fish [fɪʃ]	[noun] 魚	steak [steɪk]	[noun] 牛排
goose [ɡuːs]	[noun] 1. 鵝 2. 鵝肉	turkey [ˈtɜːki]	[noun] 火雞
ham [hæm]	[noun] 火腿	—	





FOOD



Taste 味道

bitter [ˈbɪtə]	[adj]1.有苦味的，苦的 2.(天氣)嚴寒的，刺骨的	sour [saʊə]	[adj]酸的，有酸味的
delicious [dɪˈlɪʃəs]	[adj]十分美味，很好吃的	sweet [swi:t]	[adj]甜的 [noun]【英】糖果
fresh [freʃ]	[adj]1.新鮮的 2.(空氣)清新的	taste [teɪst]	[noun]1.味道 2.味覺 [verb]嚐...味道
rich [rɪtʃ]	[adj]1.(味道)濃郁的，營養價值高的 2.有錢的，富有的	yummy [ˈjʌmi]	[adj]【口語】好吃的，美味的，可口的
strong [strɒŋ]	[adj]1.強壯的 2.(味道、氣味)濃的，強烈的	—	—

Seasoning 調味料

ketchup [ˈketʃəp]	[noun]調味番茄醬	soy-sauce [ˈsoɪ-saʊs]	[noun]醬油
oil [ɔɪl]	[noun]油	sugar [ˈʃʊɡə]	[noun]糖
pepper [ˈpepə]	[noun]胡椒粉	vinegar [ˈvɪnɪɡə]	[noun]醋
salt [sɒlt]	[noun]鹽	—	—





FOOD



The restaurant & Menu 餐廳&菜單

bar [bɑː]	[noun] 1. 酒吧 2. 棒、條(狀物)	restaurant [ˈrestərənt]	[noun] 餐廳
cafeteria [ˌkæfəˈtɪriə]	[noun] 自助餐廳	serve [sɜːv]	[verb] 1. 為...服務 2. 供應 3. 端上(食物) 4. 擔任職務
menu [ˈmenju]	[noun] 菜單	service [ˈsɜːvɪs]	[noun] 服務
order [ˈɔːdə]	[noun] 1. 命令 2. 順序, 秩序 3. 訂貨, 訂購 4. 點餐 [verb] 1. 下命令 2. 訂購 3. 點菜	—	





FOOD



Vegetables & Fruit 蔬菜&水果

apple [æp!]	[noun] 蘋果	orange [ˈɔrɪndʒ]	[noun] 柳橙
banana [bəˈnænə]	[noun] 香蕉	papaya [pəˈpaɪə]	[noun] 木瓜
bean [biːn]	[noun] 豆	peach [piːtʃ]	[noun] 桃子
cabbage [ˈkæbɪdʒ]	[noun] 高麗菜	pear [peə]	[noun] 洋梨
carrot [ˈkærət]	[noun] 胡蘿蔔	pineapple [ˈpaɪn.æp!]	[noun] 鳳梨
fruit [fruːt]	[noun] 水果	potato [pəˈteɪtəʊ]	[noun] 馬鈴薯
grape [ɡreɪp]	[noun] 葡萄	pumpkin [ˈpʌmpkɪn]	[noun] 南瓜
guava [ɡwəvə]	[noun] 番石榴，芭樂	strawberry [ˈstrɒberi]	[noun] 草莓
lemon [ˈlemən]	[noun] 檸檬	tangerine [ˈtændʒə.rɪn]	[noun] 橘子
lettuce [ˈletɪs]	[noun] 萵苣	tomato [təˈmeɪtəʊ]	[noun] 番茄
mango [ˈmæŋɡoʊ]	[noun] 芒果	vegetable [ˈvedʒətəb!]	[noun] 蔬菜
melon [ˈmelən]	[noun] 瓜，甜瓜	watermelon [ˈwɔtə.melən]	[noun] 西瓜
onion [ˈʌnjən]	[noun] 洋蔥	—	

